



《中国基础教育》微信公众号

2025年第10期（总第38期）

中国基础教育

主管单位：中华人民共和国教育部

主办单位：中国教育学会

编辑出版：《中国基础教育》编辑部

《中国基础教育》杂志编委会

顾 问：顾明远 于 漪 叶 澜

主 任：朱之文

编 委：（以姓氏笔画为序）

马宪平 王 欢 王 蓉 王定华

方中雄 尹后庆 石中英 朱卫国

刘志军 刘复兴 刘海峰 刘堂江

邬志辉 李希贵 李政涛 陆 一

张 力 张民选 张志勇 张卓玉

张国华 张彦春 杨宗凯 杨念鲁

杨银付 罗 洁 周洪宇 孟繁华

唐江澎 顾月华 袁振国 崔允漷

崔保师 董 奇 游旭群 谢维和

褚宏启 翟 博

出品人：杨银付

总编辑：翟 博

版权声明

本刊所有采访、约稿、投稿不收取采访对象或来稿方任何费用。向本刊所投稿件，除另有约定，均应未公开发表（含图书报刊、网络论坛、个人博客等）。

凡作者来稿一经本刊使用，其与《中国基础教育》相关的汇编出版、网上传播（包括微信公众号推送）、电子和录音录像作品制作等权利即视为由本刊获得。上述各项权利的报酬，已包含在本刊向作者支付的稿酬中。如有特殊要求，请在来稿中说明。

本刊所有文字和图片作品均获得著作人授权，本刊图片除特别署名外，皆由作者提供。如需转载或摘编，请征得本刊同意并注明出处。

目录

CONTENTS

卷首 Introductory Remark

1 县中振兴：推进基础教育高质量发展的重大举措

翟 博

特稿 Features

6 全面提升县中发展水平 开创县中振兴新局面

——专访教育部基础教育司有关负责人

谭 霞 盛颖霞

特别关注 Special Focus

本期话题：县中振兴行动计划

10 构筑县域普通高中高质量发展的良性生态系统 陈如平

14 甘肃：以省域教研改革推动西部地区县中振兴 张国珍

16 湖南常德：阳光招生稳住县中优秀生源 朱文红

19 安徽肥西：探索县中振兴的数字化道路 徐润青

22 福建宁化一中：四步解决县中师资痛点

吴太明 曹家鑫

24 辽宁喀左一高：“深耕细作”破解县中教师发展难题

张景悦

理论经纬 Theoretical Scope

27 新复式教学：促进乡村小规模学校教育质量提升

孙冬梅

综合改革 Comprehensive Reforms

基础教育综合改革一线风采·济宁篇

31 山东济宁：打造推进优秀传统文化教育的区域样本
王洪正

曲阜市：让孔子故里谱写新时代立德树人新篇章
付云震 颜丙峰

济宁任城区：探索传统文化融入思政课的新路径
刘 辉 高峰松 吴育林 王程程

郭里中学：让传统文化“活”起来 让山区学校“火”起来
周 健 纪 晶

金乡县实验小学：破解“三难”育“五好”
成就三千“小戏骨”
孟庆风 赵 莉 胡珠峰

专家点评：以传统文化育人创新实践深化基础教育
综合改革
张志勇

区域教育 Local Education

43 内蒙古康巴什：以“美好教育”引领教育强区建设
内蒙古自治区鄂尔多斯市康巴什区教育体育局

47 辽宁朝阳：市县校三级联动推动县中振兴
辽宁省朝阳市教育局

校长治校 School Leadership

51 绘制学校课程图谱 提升课程育人质量
罗敏江

54 “以体树人”：开展以“玩”为核心的体育教学改革
金 蕉

学校管理 School Management

58 体教融合构建学校“大健康”育人新格局
宋顶烨

62 人机协同：基于人工智能平台的“备-教-学-评”
一体化实践
杨 刚 郝石佩 付雪婷

65 因“脑”施教：让大规模个性化学习成为可能
杨昕珠 汪薇薇 蒋 惠

课程教学 Curriculum & Teaching

69 向海图强：新时代海洋素养培育的青岛行动
张思峰

教育现场 Education Scene

72 以规范管理促基础教育质量提升
——对各地“基础教育规范管理提升年”活动的
观察与思考
杨晓梦 刘青松

教育随笔 Educators' Diary

76 理解中国教育的“思想密钥”
——由《顾明远教育思想研究》英文版出版想到的
刘华蓉

全国教育速览 Articles From Educational Journals

78 观点摘编·好文共享



《中国基础教育》编辑部

主 编：孙金鑫

期刊部主任：刘青松

编 辑：盛颖霞 石家丽 张文佳

英文编审：袁益民

融媒体部主任：吴盈盈

活动推广部主管：单金良

行政主管：齐晓雪

联系电话：(010) 84022301

投稿邮箱：zgjcjy2022@163.com (唯一投稿邮箱)

活动推广部邮箱：zgjcjyfx@163.com

联系地址：北京市海淀区北四环中路269号

中国教育学会《中国基础教育》编辑部

邮 编：100083

出版日期：每月1日

发行范围：国内公开发行

邮发代号：80-572

国际标准连续出版物号：ISSN 2097-1540

国内统一连续出版物号：CN 10-1787/G4

发行单位：中国邮政集团公司北京市报刊发行局

定 价：22.00元/册

订阅办法

1. 邮局订阅

邮发代号：80-572 (国内)

2. 发行部订阅

咨询电话：(010) 84022301

开户银行：中国工商银行北京长安支行

户 名：中国教育学会

银行账号：9558850200000834742

印刷单位：北京盛通印刷股份有限公司

设计制作：北京蓝鲸电子科技有限公司

配文图片：除特别署名外，皆由本刊作者提供

封面图片：福建省三明市宁化县第一中学 供图

封底图片：内蒙古自治区鄂尔多斯市康巴什区第一小学北校区 供图

CONTENTS

Introductory Remark

1 The Revitalization of District-level Senior High Schools: A Major Approach to High-quality Development of Basic Education Zhai Bo

Features

6 Opening a New Chapter for Revitalized District-level High Schools through an Overall Upgrading of Their Development: An Interview with Director-general of MoE Department of Basic Education Tan Xia, Sheng Yingxia

Special Focus

10 Building a Healthy Ecosystem for High-quality Development of District-level Regular Senior High Schools Chen Ruping

14 Revitalizing District-level Senior High Schools in Western China by Reforming Provincial-level Teaching and Research: An Experience of Gansu Province Zhang Guozhen

16 Preventing Excellent Students of District-level Senior High Schools from Leaving through Transparent Enrollment: An Experience of Changde Municipality, Hunan Zhu Wenhong

19 Exploring a Digital Approach to Rejuvenation of District-level Senior High Schools: An Experience of Feixi District, Anhui Xu Runqing

22 A 4-step Approach to Solving Teacher-related Problems in District-level Senior High Schools: An Experience of Ninghua No. 1 High School, Fujian Wu Taiming, Cao Jiaxin

24 Addressing the Issue of Teacher Development in District-level Senior High Schools in a Careful and Well-prepared Manner: An Experience of Kazuo No.1 Senior High School, Liaoning Zhang Jingyue

Theoretical Scope

27 New Multi-grade Teaching for Improving Education Quality of Small Rural Schools Sun Dongmei

Comprehensive Reforms

31 Building Regional Pilot Schools in Promoting Traditional Chinese Culture: An Experience of Jining Municipality, Shandong Wang Hongzheng
Writing a New Chapter of Holistic Education in the Confucius Hometown of Qufu Fu Yunzhen, Yan Bingfeng
Exploring New Paths to Integrating Traditional Chinese Culture into Ideological and Political Courses: An Experience of Rengcheng District, Jining Municipality Liu Hui, Gao Fengsong, Wu Yulin, Wang Chengcheng
A Mountainous School Becomes Popular Where Traditional Chinese Culture Has Been Popularized: An Experience of Guoli High School Zhou Jian, Ji Jing
Cultivating 3,000 Young Opera Talents through Overcoming Three Difficulties in Promoting Traditional Culture: An Experience of Jinxiang Experimental Primary School Meng Qingfeng, Zhao Li, Hu Zhufeng
Deepening Comprehensive Reform of Basic Education through Innovative Practices in Promoting Traditional Culture Zhang Zhiyong

Local Education

43 Building a Strong Educational System at the District Level with a "Nice Education" Vision: An Experience of Kangbashi
The Education and Sports Bureau of Kangbashi District, Ordos Municipality, Inner Mongolia

47 Revitalizing District-level Senior High Schools through Municipality-district-school Collaboration
The Education Bureau of Chaoyang Municipality, Liaoning

School Leadership

51 Promoting Curriculum-based Holistic Education with a School Curriculum Topology Luo Minjiang

54 Cultivating Students Through Sports as a Play-based PE Teaching Reform Jin Ying

School Management

58 Building a Holistic Education through Holistic Health Which Integrates Sports with Education Song Dingye

62 Human-machine Collaboration: An Integrated Practice of Lesson Preparation, Teaching, Learning and Assessment Based on AI Platforms Yang Gang, Hao Shipei, Fu Xueling

65 Brain Science-based Education Makes Large-scale Personalized Learning Possible Yang Xinzhu, Wang Weiwei, Jiang Hui

Curriculum & Teaching

69 Qingdao's Initiatives to Cultivate Students' Ocean Literacy in the New Era Zhang Sifeng

Education Scene

72 Improving Basic Education Quality through Enhanced Regulation: Observations of and Reflections on the Activities Across Various Regions under the "Year of Enhanced Regulation for Basic Education" Initiative Yang Xiaomeng, Liu Qingsong

Educators' Diary

76 A Key to Understanding Chinese Education: Reflections on the Publication of the English Edition of Studies on *Gu Mingyuan's Educational Thought* Liu Huarong

Articles From Educational Journals

78 Extracted Viewpoints • Recommended List